

Department Overview:

The Department of Physical Education & Sports at Parul University functions as a central hub for fostering Good Health and Well-Being (SDG 3) across the university community. The department is dedicated to promoting holistic student development through a focus on high-performance athletic training and widespread participation in fitness activities. By building strategic partnerships (SDG 17) with government bodies, universities, and sports associations at state and national levels, it provides students with platforms to compete in prestigious events such as the Khel Mahakumbh, University National Games, and various inter-collegiate and federation tournaments. This integrated approach ensures the cultivation of both elite sporting excellence and the foundational health and wellness of the entire student body.

Journey So Far:

The Department of Physical Education & Sports at Parul University, established in 2003, is dedicated to advancing Sustainable Development Goal 3 by systematically promoting the holistic health and well-being of its student community. Our journey reflects a strategic commitment to this cause, evolving from a basic platform for athletes to a hub of world-class sports infrastructure. This growth embodies the spirit of SDG 17, achieved through continuous investment and development. Milestones include the 2022-23 inauguration of the Milkha-Messi Sports Complex, featuring a FIFA-standard football field and athletic track, followed by an international-standard cricket ground with extensive practice facilities in 2023-24. Further enhancing our offerings, the Dhyanchand Complex provides standardized facilities for hockey, handball, and beach volleyball, bringing our total to 11 professional-grade sports complexes. Unique initiatives like our Equestrian Facilities, swimming pool, gymnasium and Champions Cove indoor complex further diversify avenues for physical activity. In a direct commitment to inclusive well-being, we have launched a free Sports Club, ensuring equitable access to professional training and culture of health and fitness for all students across the university.

COLLABORATIONS:

Aligned with the Sustainable Development Goals, the Department of Physical Education & Sports at Parul University actively forges strategic partnerships (SDG 17) to advance health and well-being (SDG 3) through sports. The department demonstrates this commitment by hosting numerous state and national-level sporting events in collaboration with premier national and state bodies, including the Association of Indian Universities, the School Games Federation of India (SGFI), the All-India Football Federation, the Sports Authority of Gujarat, and the Baroda District Football Association.



Sports Authority of Gujarat
Sports, Youth and Cultural Activities Department,
Government of Gujarat



List of Game shared with local & general public in collaboration with associations.

GAME	SPORTS HOSTED	DATE
FOOTBALL	Baroda District Football Association, Gujarat State Football state, khel Mahakumbh 2.0, Sports Authority of Gujarat, Association of Indian Universities, All India Football Federation	18/08/2023 To 28/08/2023 09/10/2023 To 19/10/2023 22/01/2024 To 02/02/2024
CRICKET	Open Cricket Tournament	05/10/2023 To 07/10/2023
YOGA	Khel Mahakumbh 2.0, Sports Authority of Gujarat, Fit India	17/01/2024
CHESS	Khel Mahakumbh 2.0, Sports Authority of Gujarat, Fit India	16/01/2024
VOLLEYBALL	Khel Mahakumbh 2.0, Sports Authority of Gujarat, Fit India	16/01/2024
KABADDI	Khel Mahakumbh 2.0, Sports Authority of Gujarat, Fit India	12/01/2023 To 13/01/2024
ATHLETICS	Baroda District Amateur Athletics Association, Khel Mahakumbh 2.0	10/01/2024 To 11/01/2024
KHO-KHO	Khel Mahakumbh2.0	12/01/2024 To 13/01/2024
TUG OF WAR	Khel Mahakumbh 2.0	17/01/2024
BASKETBALL	Kobe Open Tournament	28/08/2023 To 29/08/2023

Football: Numerous states level and national level events are hosted in football in collaboration with association of Indian universities, Baroda district football association and state association, SGFI (school games federation of India), all India football federation, sports authority of Gujarat.





Cricket:

Parul University opens its cricket ground for an Open Cricket Tournament, welcoming students from other institutions. This initiative promotes community engagement, sportsmanship, and the shared spirit of healthy competition.







YOGA





RUGBY s



KHO-KHO:

Parul University hosted Khel Mahakumbh 2.0 in collaboration with the Sports Authority of Gujarat and the Fit India Movement, promoting physical fitness, teamwork, and mental agility through diverse sporting events. Competitions in chess, volleyball, kabaddi, kho-kho, and tug of war encouraged participation from students of various institutions, fostering strategic thinking, discipline, and a spirit of healthy competition.



KABADDI:

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VOLLEYBALL:

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LAWN TENNIS:



TABLE TENNIS:



BASKETBALL:

Parul University shared sports facilities with the Kobe Open Basketball Tournament, bringing together players from various institutions to showcase their skills. The event promoted team spirit, endurance, and a culture of sportsmanship among young athletes.

