



# PARUL INSTITUTE OF AYURVED CIRCULAR

Date -28/08/2023

This is to inform to all the faculty members, Under Graduate and Post Graduate Scholars of department of Prasuti Tantra Evum Stri Roga, that our department is celebrating World PCOS Awareness month(September 2023). In that the department is going to conduct 2 guest lectures on 01/09/23. Also, the Faculty members and PG Scholars will be conducting awareness talk at different venues both inside and outside Parul University, in which different institutes of Parul University will be coordinating for the same. The department is going to conduct a Digital Poster Making Competition on PCOS in which UG students of PIA and PIAR and PG Scholars of PIA are expected to send their posters on concerned email id. Its final round will be conducted offline on 29/09/23 which will be the concluding session of World PCOS Awareness month celebration. Winners of Poster making competition will be encouraged with price money and certificates on the same occasion.

Guest speakers on 01/09/23:

1) Name of the resource person- Dr. Rita Parikh MS OBGY

Visiting Consultant, Parul Ayurved Hospital, Parul University, Vadodara.

Topic-Pathophysiology of PCOS

2) Name of the resource person- Dr. Mansi Modi

Medical Officer,
Department of PTSR,

Govt. Ayurved College, Vadodara.

Topic- Victory on PCOS through Ancient Ayurved Science

All are cordially invited for the same.

Department Of P.T. .S.R. Parul Institute of Ayurved P.O. Limda, Ta. Waghodia Dist. Vadodara - 38 H Ev Principal
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#### PARUL INSTITUTE OF AYURVED

#### **REPORT**

Date-30/09/2023

A program was conducted on the occasion of World PCOS day and to mark the beginning of PCOS awareness month on 01/09/2023 in Seminar Hall, Parul Institute of Ayurved from 10 AM to 1PM. Inauguration of the program was done by Dean sir Dr. Hemant Toshikhane. After Lamp lighting there were two guest lectures, one by Dr Rita Parikh, Consultant Gynecologist, Parul Ayurved Hospital on the topic Pathophysiology of PCOS. Another guest lecture was on Victory on PCOS through Ancient Ayurved Science by Dr Mansi Modi, Senior Medical Officer, Government Ayurvedic Hospital, Vadodara. Later the guests were honored with memento and announcement of the digital poster competition was done. Faculties, PG Scholars and 3<sup>rd</sup> year UG Students attended the same.

A number of awareness talks were conducted at different institutes in PU in which hundreds of young women were made aware about what is PCOS, its pathophysiology, symptoms and lifestyle changes to prevent as well as to cure PCOS. Total 11 talks were conducted by faculties of PTSR dept of PIA and PIAR at different venues inside PU. Along with these multiple awareness talks on PCOS were conducted by PG scholars outside PU at residencies and camp places. These helped women to diagnose early and have a visit to screen for PCOS at PAH.

A digital Poster making competition was conducted by our department in which participants were asked to send their poster on concerned email id and among which 15 posters were selected for 2<sup>nd</sup> round. In which the participants of selected posters were asked to present their posters on 29/09/23. Participants showcased their creativity and knowledge through visually appealing posters that conveyed vital information about PCOS, its impact on women's health, and the available treatment options. The competition fostered a sense of

## Faculty of Ayurved



responsibility among students and scholars to disseminate essential health information within the community. Best 3 posters were recognized for their outstanding contributions. The competition served as a successful initiative in promoting health awareness and fostering a sense of social responsibility among the participants. All the participants including winners were encouraged with E-certificates.

In the conclusion session of World PCOS Awareness month celebration the whole month programs reporting was addressed by Dr. Lumi. Faculties, PG Scholars and 3<sup>rd</sup> year UG Students attended the same. At the end Dean sir encouraged whole PTSR department for the successful completion of PCOS Awareness month celebration.

Thus, various activities were conducted by the department on the occasion of world PCOS Awareness month in order to make the women aware about PCOS and its side effects. Overall, the event was successful with support of Dean sir and our Institute.

Department Of P.T. .S.R. Parul Institute of Ayurved P.O. Limda, Ta. Waghodia Dist. Vadodara - 38 HEV Principal

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Vadodara.





## PARUL INSTITUTE OF AYURVED

#### **PHOTOS**

Date: 01/09/23 – Inauguration ceremony













## **Faculty of Ayurved**





Date: 29/09/23 - Conclusion ceremony













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#### PARUL INSTITUTE OF AYURVED

## **ATTENDANCE**

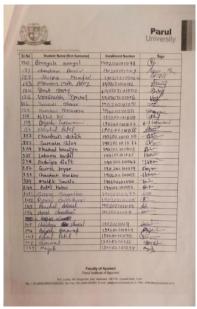
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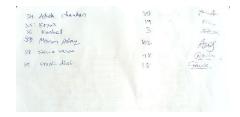


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Department Of P.T. .S.R. Parul Institute of Ayurved P.O. Limda, Ta. Waghodia Dist. Vadodara - 38 HEU

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## PARUL INSTITUTE OF AYURVEDA CIRCULAR

Date - 29/1/24

## HEALTH CHECK UP IN ADOLESCENT GIRLS

This is to inform you to all the faculty members & Post Graduate Scholars of Department of "Prasuti Tantra & Stree Roga" as we all know that HEALTH CHECK UP is important for any girl child, so Department of Prasuti Tantra Evun Stree Roga of Parul Institute of Ayurveda is going to organize an awareness program to nearly Secondary School Limda by Faculties and PG scholars on 31/01/24 at 3pm to 5:00 P.m.

HOD

Department of Prasuti Tantra & Stree Roga

Principal



# PARUL INSTITUTE OF AYURVEDA REPORT

Date - 01/02/24

#### HEALTH CHECK UP IN ADOLESCENT GIRLS

A Health checkup was organized in Secondary School Limda for all the adolescence girls to spread awareness about health checkup, menstrual issues and maintain healthy life by the Prasuti Tantra evam Stree Roga Department, PIA.

The Physical examination along with BP, Temperature tests were done in this survey. Approximate 90 girls participated in the survey for their checkup. In these survey 15 girls are noticed health issues regarding, amenorrhoea, dysmenorrhea, anemia and we made one list of these girls to provide medical care and treatment from our Parul Ayurveda Hospital.

1) Dr Rita Makim &Dr Thulasi VS at Secondary School, limda

 PG Scholar - Dr. Heena, Dr. Bhumika & Dr. Priyanka at Secondary School , Limda

HOD

Department of PTSR

PRINCIPAL

PIA,PU











# PARUL INSTITUTE OF AYURVEDA CIRCULAR

Date - 28/12/23

## On the Ocassion of Cervical Cancer Awareness Month

This is to inform you to all the faculty members & Post Graduate Scholars of Department of "Prasuti Tantra & Stree Roga" as we all know that it's January a month of "CERVICAL CANCER AWARENESS" so we are going to organized an awareness program to nearly local villages and also in PU campus by faculties and PG'scholars From (1/1/2024)-(31/01/24) at 9:00A.m to 5:00 P.m.

HOD

Department of Prasuti Tantra & Stree Roga

Principal



# PARUL INSTITUTE OF AYURVEDA REPORT

Date - 1/2/24

## On the Ocassion of Cervical Cancer Awareness Month

An active interaction and awareness of cervical cancer occurred to the womens of villages and also with PU girls by the PRASUTI TANTRA EVAM STREE ROGA Department, PIA

To spread the knowledge about cervical cancer and also to determine screening test Pap smear for the early diagnosis so we made a list of these women and more than 100 workers of parul campus got benefited, convince them to provide medical health care, early diagnosis and treatment by the PARUL AYURVEDA HOSPITAL.

- 1)Dr. Lumi & Dr. Margi
- 2)Dr Rita Makim
- 3)Dr Thulasi VS ,Dr Priya &Dr Princy
- 4)Dr Vasupradha R & Dr Dixita
- 5)Dr Vasupradha R & Dr Princy
- 6)Dr Heena, Dr Bhumika& Dr Hani

HOD

Department of Prasuti Tantra & Stree Roga

Principal













