



(A SOCIAL RESPONSIVE INITIATIVE  
OF PARUL UNIVERSITY)

A black and white photograph of a woman smiling and interacting with a group of children. A large, semi-transparent blue circle is overlaid on the center of the image, containing the text "ANNUAL REPORT".

# ANNUAL REPORT

**20**<sup>**23**</sup><sub>**24**</sub>

# ABOUT SAKSHAMTHAD FOUNDATION

Sakshamthad Foundation is a social responsive initiative of Parul University, firmly rooted in its enduring commitment to serving the community. From its inception, Parul University has upheld the ethos of societal welfare, and the establishment of the Sakshamthad Foundation stands as a testament to this enduring ethos. At its core, the Foundation is driven by a singular objective: to uplift vulnerable elders and women, striving to improve their overall well-being. Through a diverse range of programs, our efforts encompass vital areas such as women's empowerment, nurturing the education of children for their betterment, providing compassionate care for the elderly, and a host of other impactful endeavors.

## VISION



To create a world through sustainable change and personal development in the existing ecosystem through our continuous process of initiating society welfare activities towards the stakeholders and particularly for the community at large.

## MISSION



To provide sustainable social welfare activities with the help of institutional members in the areas of Health, Education and Environment to all the stakeholders in creating better place to live.

## THRUST AREA

- Poverty Eradication
- Universal Primary Education
- Gender Equality
- Mother and Child Health
- Rehabilitation of Differently Abled
- Preventive Health and Hygiene
- Preservation of Environment
- Livelihood and Skill Development
- Rural Infrastructure Development
- Partnership

## FOCUS GROUP

- Senior citizens/Elderly people
- Women
- Children
- Orphans
- Migrants
- Youth
- Differently Abled people
- Marginalized Farmers

## OPERATIONAL AREA

- Rural and Urban Area of Vadodara, Ahmedabad and Rajkot

# MESSAGE FROM

## Dr. Geetika Patel

Vice President, Parul University  
Chairperson,  
Sakshamthad Foundation,  
Parul University



I want to express my heartfelt appreciation for the outstanding efforts of our Sakshamthad Foundation. Your steadfast dedication and unwavering commitment have been instrumental in making a meaningful difference in society.

I take immense pride in the substantial progress we've achieved in our ongoing projects, and I am confident that we will continue to attain even greater results in the days ahead. However, it's crucial to acknowledge that there are still numerous hurdles to overcome, and surmounting them will require sustained determination and perseverance from each one of us.

Let's maintain the same level of enthusiasm and dedication in our work moving forward. Together, let's strive to set new benchmarks and leave a lasting impact on the lives of those we aim to support. Remember, even the smallest actions can lead to significant changes in society.

I extend my deepest gratitude to each member of our team for their hard work and dedication to our cause. Let's continue to make a positive difference and inspire others to join us in our mission.



# MESSAGE FROM

**Dr. Amit Ganatra**

Provost, Parul University



The Sakshamthad Foundation has consistently demonstrated its commitment to serving humanity since its inception. Your unwavering dedication and tireless efforts to promote social responsibility within our community are truly commendable.

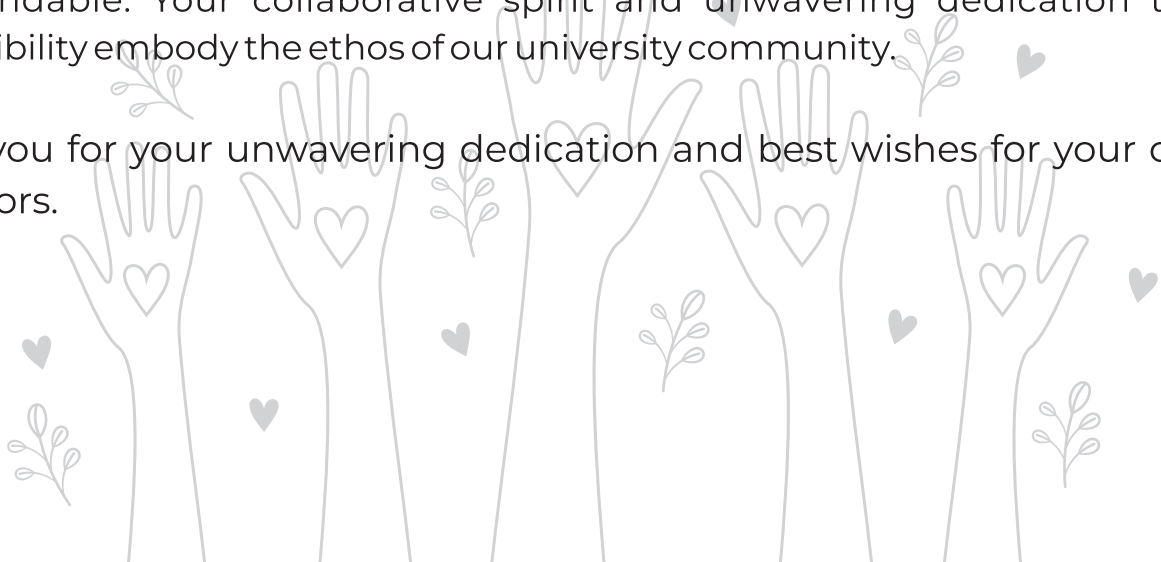
I extend my heartfelt gratitude for your steadfast resolve in addressing the most pressing social issues confronting our community and the global landscape. Your relentless pursuit of positive change, equity, and justice serves as a beacon of inspiration for all of us.

As a university, we recognize our duty to actively engage with the world and leverage our knowledge and resources to effect meaningful change. Your integral role within the Social Responsive Cell exemplifies this commitment, and I take pride in having such dedicated individuals within our institution.

I urge you to prioritize your own well-being as you continue your invaluable work. Self-care is paramount to sustaining effective efforts in the realm of social justice, and I encourage you to make it a cornerstone of your lives.

Lastly, I extend my profound appreciation to the team of Sakshamthad Foundation. Your collective impact on our community and beyond is nothing short of commendable. Your collaborative spirit and unwavering dedication to social responsibility embody the ethos of our university community.

Thank you for your unwavering dedication and best wishes for your ongoing endeavors.





# MESSAGE FROM

**Dr. M. N. Parmar**

Dean, Faculty of Social Work,  
Parul University



As we take a moment to reflect on the past year, we would like to extend our deepest gratitude to each of you for your unwavering dedication and hard work. Despite the many challenges we've encountered, your steadfast commitment to social justice, advocacy, and service has made a profound difference.

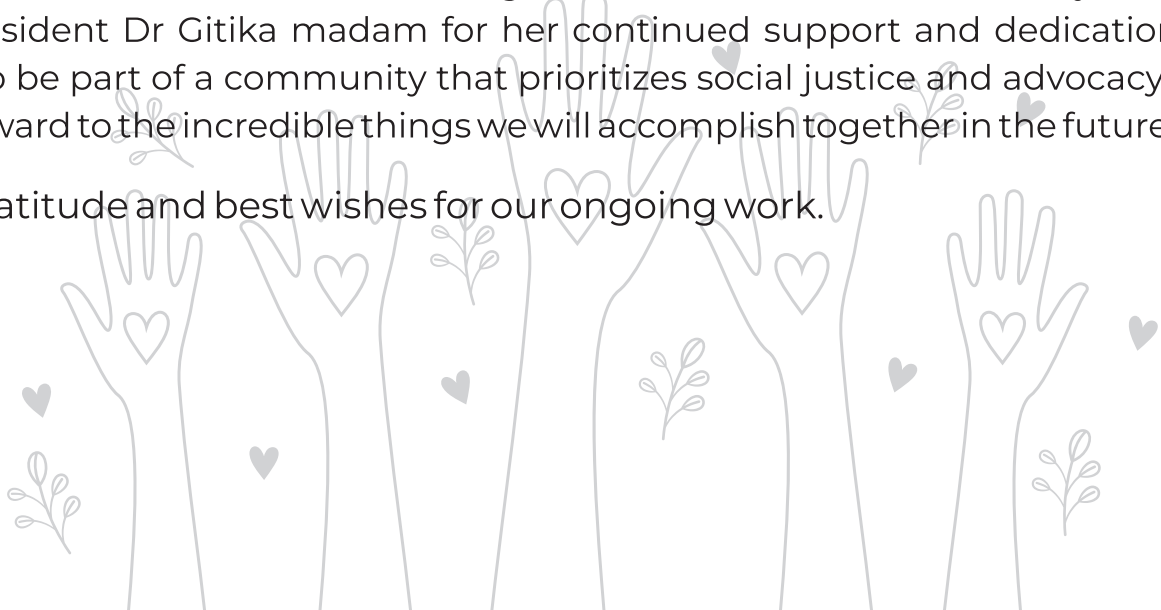
We are truly inspired by the wide range of initiatives you have spearheaded, from community outreach and educational programs to impactful advocacy campaigns and partnerships with local organizations. Your collective efforts have not only uplifted our communities but also set a shining example for others to follow, demonstrating the true power of unity and purpose.

As we move forward, we encourage each of you to continue approaching our shared mission with creativity, compassion, and strategic thinking. It is through innovative ideas and purposeful action that we can achieve lasting change.

We would also like to emphasize the vital importance of collaboration, both within our university and with the broader communities we serve. By fostering meaningful connections and working together, we can amplify our impact and create a legacy of positive transformation.

Once again, we offered our heartfelt gratitude to our beloved, visionary and Vibrant Vice president Dr Gitika madam for her continued support and dedication. It is an honor to be part of a community that prioritizes social justice and advocacy, and we look forward to the incredible things we will accomplish together in the future.

With gratitude and best wishes for our ongoing work.



# MESSAGE FROM

**Vinod Parmar**

Head, Sakshamthad Foundation



On behalf of the Sakshamthad Foundation, I extend our deepest gratitude for your unwavering support and collaboration throughout the past year. Your contributions to our programs and initiatives have played a pivotal role in helping us realize our objectives and foster a positive impact within our community.

We are profoundly grateful for your willingness to share your time, expertise, and resources, which have been nothing short of remarkable. Your partnership in our endeavors to advance social justice and equity has been invaluable. Through your support, we have successfully launched new programs, expanded existing initiatives, and engaged in impactful advocacy and policy work that will resonate within our community for years to come.

I am privileged to express our sincere appreciation to Dr. Geetika Patel for her exceptional guidance and leadership within the Sakshamthad Foundation. Dr. Patel's unwavering dedication and passion have served as a guiding beacon, inspiring us all to actively promote social justice and equity. Her expertise and insights have significantly shaped our initiatives and programs, and we are deeply appreciative of her steadfast commitment to our cause.

We are particularly thankful for the ways in which you have helped us amplify the voices of marginalized communities and address the systemic roots of social injustice. Through our collective efforts, we have made significant strides towards creating a more inclusive and equitable society, and we are encouraged by the progress achieved.

Looking ahead, we remain steadfast in our commitment to advancing social justice and equity, and we are honored to count you as our partners in this vital endeavor. Your continued support and collaboration are indispensable to our continued success, and we eagerly anticipate the opportunity to work together in the years ahead.

Once again, thank you for your unwavering support and dedication to our shared mission.

# CORE TEAM OF SAKSHAMTHAD FOUNDATION



**Dr. Geetika Madan Patel**

Chairperson, Sakshamthad Foundation,



**Dr. M. N. Parmar**

Advisor,  
Sakshamthad Foundation,



**Mr. Vinod Parmar**

Head, Sakshamthad Foundation



**Mr. Dilip Macwan**

Senior Coordinator, Sakshamthad Foundation



**Ms. Nirmala Solanki**

Senior Coordinator, Sakshamthad Foundation



**Ms. Binee Rao**

Coordinator, Sakshamthad Foundation

# CORE TEAM OF SAKSHAMTHAD FOUNDATION



**Ms. Vaibhavi Sutariya**

Admin Executive, Sakshamthad Foundation

## INSTITUTE WISE COORDINATORS

Name of Institute	Name of the HoI	Name of Coordinators
Parul Institute of Computer Application	 <b>Dr. Priya Swaminarayan</b>	 <b>Mr. Hardik Parmar</b>
Jawaharlal Nehru Homoeopathic Medical College	 <b>Dr. Poorav Desai</b>	 <b>Dr. Bhavik Purohit</b>
Parul Institute of Engineering & Technology (Diploma Study)	 <b>Dr. Ruchi Shrivastav</b>	 <b>Ms. Rajshree Kokate</b>
Parul Institute of Physiotherapy	 <b>Dr. Bhavna Gadhvi</b>	 <b>Dr. Varkha Sharma</b>
Parul Polytechnic Institute	 <b>Dr. Jatin Vaidya</b>	 <b>Ms. Unnati Shah</b>
Parul Institute of Nursing	 <b>Dr. Ravindra H.N</b>	 <b>Ms. Nikita Waghela</b>



# INSTITUTE WISE COORDINATORS

Name of Institute	Name of the HoI	Name of Coordinators
Parul Institute of Ayurveda	 <b>Dr. Hemant Toshikhane</b>	 <b>Dr. Hemang Joshi</b>
Parul Institute of Business Administrative	 <b>Dr. Amrita Singh</b>	 <b>Ms. Ketki Naik</b>
Parul Institute of Commerce	 <b>Dr. Ajay Trivedi</b>	 <b>Ms. Poorvaraj Vaghela</b>
Parul Institute of Law	 <b>Dr. Ketan Desai</b>	 <b>Dr. Ruchi Tiwari</b>
Parul Institute of Engineering & Technology	 <b>Dr. Vipul Vekariya</b>	 <b>Mr. Manoj Nehe</b>
Parul Institute of Management & Research	 <b>Dr. Bijal Zaveri</b>	 <b>Ms. Pinky Parmar</b>
		 <b>Dr. Axita Thakkar</b>
Ahmedabad Homoeopathic Medical College	 <b>Dr. Gaurav Bhatt</b>	 <b>Dr. Dhvani Thakkar</b>

# INSTITUTE WISE COORDINATORS

Name of Institute	Name of the HoI	Name of Coordinators
Parul Institute of Social Work	 <b>Dr. M.N. Parmar</b>	 <b>Dr. Dipak Makwana</b>
Parul Institute of Technology	 <b>Dr. Swapnil M Parikh</b>	 <b>Mr. Viral Gandhi</b>
Parul Institute of Paramedical and Health Sciences	 <b>Dr. Hemant Patadiya</b>	 <b>Ms. Anjali Chauhan</b>
College of Agriculture	 <b>Dr. K.G. Patel</b>	 <b>Mr. Sakil Saiyad</b>
Parul Institute of Physiotherapy & Research	 <b>Dr. Mehul Jadav</b>	 <b>Dr. Riya Mehta</b>
Ahemdabad Physiotherapy College	 <b>Dr. Gaurav J Patel</b>	 <b>Dr. Asha Dobariya</b>
Parul Collage of Pharmacy and Research, Ahemdabad	 <b>Dr. Jitendra Vaghasiya</b>	 <b>Ms. Tora Shah</b>
Rajkot Homoeopathic Medical College	 <b>Dr. Hitarth Mehta</b>	 <b>Dr. Urmila Bhalgariya</b>

# OUR EFFORTS ON SDGS

## SDG 1 - NO POVERTY

### DONATION CAMP FOR POOR AND NEEDY PEOPLE

In a heartwarming display of compassion and community spirit, the Sakshamthad Foundation and Parul Institute of Business Administration has organized a Donation Camp for the poor and needy people of Limda, Vadodara. The camp featured a wide range of donated items, including clothing, blankets, and essential household supplies, all of which were meticulously collected and organized by the dedicated volunteers from the university's Sakshamthad Foundation. The event saw an overwhelming response from the local residents, who expressed their gratitude for the university's efforts to support their well-being.



## JOY OF GIVING & PU CHARITY AUCTION

The Joy of Giving initiative is a philanthropic project undertaken by the Sakshamthad Foundation to provide an opportunity for individuals to donate unused or unwanted items to those in need. The products donated by generous donors were auctioned off to raise funds for the betterment of society. The PU Charity Auction is a fundraising event aimed at supporting various social causes and initiatives. The auction includes donated products such as clothes and other goods that were generously contributed by the university's staff and students.

### FACTS & FIGURES

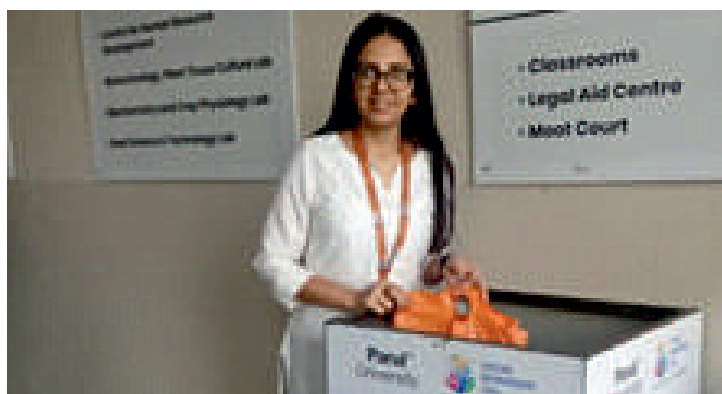
No of Charity Auction Organized:

03



## OLD CLOTHS DONATION DRIVE “PASS ON POSITIVITY”

Parul Institute of Liberal Arts in association with Sakshamthad Foundation has undertaken a commendable initiative to provide old clothes to the needy members of the community. Through this effort, the Cell has distributed the donated clothing to various locations, including streets, slum areas, orphanages, and old-age homes, ensuring that those in need receive the necessary support. Multifaceted efforts, combining charitable initiatives and educational programs, demonstrate its unwavering dedication to community welfare and the holistic development of its students. By leveraging the resources and expertise of the Sakshamthad Foundation, the university continues to make a meaningful difference in the lives of those it serves, setting an example for others to follow.





# SDG 2 - ZERO HUNGER

## HUNF - MEALS ON WHEELS

The HUNF - Meals on Wheels project stands as a beacon of care and support for our elderly community members. Our initiative is designed to prioritize the holistic well-being of seniors by offering them a complimentary, one-time meal delivered directly to their doorsteps. These meals are meticulously tailored to accommodate their dietary preferences and requirements, ensuring not only nourishment but also comfort and satisfaction. In addition to providing nutritious meals, we go a step further in our commitment to the health and wellness of the elderly. Through the organization of numerous health checkup camps exclusively for seniors, we aim to address any medical concerns they may have. These camps serve as invaluable opportunities for seniors to receive essential medical attention, screenings, and guidance, thus empowering them to proactively manage their health and overall quality of life.

### FACTS & FIGURES

No. of Beneficiaries

**40**

Total Tiffins Served

**28004**

Total Health Camps Organized

**12**





# SDG 3 - GOOD HEALTH AND WELLBEING

## SUKUN – HEALING HEARTS, RESTORING SMILES

Sakshamthad Foundation in collaboration with Parul Sevashram Hospital, is proud to unveil 'Sukun,' a pioneering initiative that promises to redefine healthcare by extending a helping hand to those in need. It is our unwavering commitment to providing accessible, affordable, and holistic healthcare solutions to individuals who require monetary assistance for their treatment.



## CPR: BRIDGE TO SURVIVAL

A comprehensive CPR (Cardiopulmonary Resuscitation) training session was conducted at D-204, PIET Parul University. The session was aimed at equipping students of Parul University with essential life-saving skills. The primary objective of the CPR training session was to educate students about the importance of immediate intervention in cases of cardiac arrest or respiratory failure. The training aimed to empower students with practical skills and knowledge required to perform CPR effectively, thereby increasing the chances of survival in emergency situations.



## YOGA DAY CELEBRATION

The International Yoga Day celebration by Parul Polytechnic Institute at the primary school in the village was a memorable affair that showcased the unity and enthusiasm of the entire community. The students, teachers, and villagers of a primary school in a rural village came together to celebrate this special day with great zeal and enthusiasm. The event aimed to introduce yoga to the young minds, foster a healthy lifestyle, and create awareness about its numerous benefits.



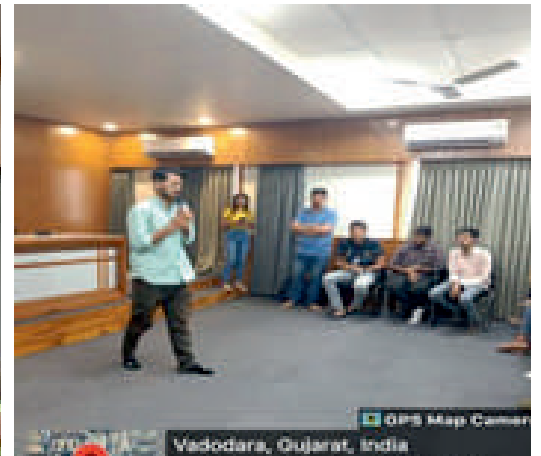
## PHYSIOTHERAPY AWARENESS CAMP

The Physiotherapy Awareness Camp was organized by Parul Institute of Physiotherapy & Research on the occasion of World Physiotherapy Day. The main objective was to raise importance about the physiotherapy thus improving the quality of life and managing various health conditions. The camp aimed at providing valuable information, free consultancy & basic treatments to patients fostering a sense of responsibility.



## INCLUSION OF DIFFERENTLY ABLED PEOPLE IN SOCIETY

An insightful talk on the inclusion of differently abled individuals in society was organized in association with the Parul Polytechnic Institute and the Sakshamthad Foundation. The distinguished speaker for the event was Mr. Philem Rohan Singh, a renowned cyclist, humanitarian, and environmental activist. The talk aimed to raise awareness, foster understanding, and promote inclusive practices towards individuals with disabilities within our communities. Mr. Philem Rohan Singh eloquently shared his personal experiences and challenges encountered as a differently abled individual, offering valuable insights into the societal prejudices and stereotypes faced by people with disabilities.



## DISTRIBUTION OF PREVENTIVE MEDICATION FOR CONJUNCTIVITS

Sakshamthad Foundation & Parul Institute of Homoeopathy & Research has conducted a Free Homoeopathic Preventive Medicine Distribution Camp for the benefit of all the stakeholders of the university. The camp was facilitated by a team of experienced homoeopathic practitioners, who carefully evaluated the individual needs of the participants and provided them with the appropriate preventive medicines. The participants expressed their gratitude for the university's swift and compassionate response to the pressing health concern. This proactive measure by Sakshamthad Foundation underscores the university's dedication to addressing the immediate needs of the community and its willingness to leverage its resources and expertise to make a tangible difference in the lives of those it serves.





## ORAL HEALTH DAY AWARENESS

Sakshamthad Foundation in collaboration with the Department of Community Medicine, organized an impactful awareness campaign at the Mastupura Primary School. The campaign featured interactive sessions, engaging demonstrations, and informative materials that were tailored to the students' level of understanding. The team of healthcare professionals from the Parul Institute of Health Sciences covered a range of topics, including proper brushing techniques, the importance of regular dental check-ups, and the impact of diet and lifestyle on oral health. By leveraging the expertise of its faculty and the resources of the Sakshamthad Foundation, the university continues to play a pivotal role in promoting better health outcomes and fostering a healthier society.



## WORLD HYPERTENSION DAY AWARENESS

In observance of World Hypertension Day, the Sakshamthad Foundation in collaboration with the Parul Institute of Homoeopathy and Research (PIHH), organized a comprehensive awareness program to educate patients on the importance of hypertension prevention, detection, and control. The awareness program covered a wide range of topics, including the causes and risk factors of hypertension, the importance of regular blood pressure monitoring, and the various lifestyle modifications and medical interventions available to manage the condition effectively.



## BREASTFEEDING WEEK CELEBRATION

Parul Institute of Nursing association with Sakshamthad Foundation & Women Development cell of Parul University Organized “Breast Feeding week” celebration. World Breastfeeding Week aims to highlight the huge benefits that breastfeeding can bring to the health and welfare of babies and benefits to maternal health, focusing on good nutrition, poverty reduction, and food security. World breastfeeding week has the dual goal of improving the health of babies and promoting, protecting, and supporting the rights of women to breastfeed anywhere and at any time. Breast feeding week regarding students performing demonstration and flash card showed for breast feeding awareness in this demonstration students are demonstrating Breast feeding techniques, Breast feeding positions, benefits of breast feeding to the mother and baby and healthy diets of the mother.



## BLOOD DONATION CAMP

Jawaharlal Nehru Homoeopathic Medical College, in association with HDFC Bank & Sakshamthad Foundation, organized a Blood Donation Week under the banner of Azadi ka Amrit Mahotsav. The objective of this initiative was to encourage blood donation and raise awareness about the importance of this noble cause. By organizing this event, the Sakshamthad Foundation aimed to contribute to the community's wellbeing and support the national campaign of Azadi ka Amrit Mahotsav, which celebrates India's 75 years of independence.



## HEALTH CHECK-UP & FREE HOMOEOPATHIC MEDICINE DISTRIBUTION CAMP

Jawaharlal Homoeopathic Medical College (JNHMC), in collaboration with Sakshamthad Foundation organized a comprehensive Health Checkup and Free Homoeopathic Medicine Distribution Camp in Tarasva, Vadodara. The camp featured a team of experienced homoeopathic practitioners and medical professionals who conducted comprehensive health checkups, including blood pressure monitoring, basic diagnostic tests, and consultations. Participants were provided with free homoeopathic medicines based on their individual health needs, ensuring that they had access to affordable and effective treatment options.



## ARTHRITIS AWARENESS CAMP AT SWARG COMMUNITY CARE

In commemoration of World Physiotherapy Day, the Parul Institute of Physiotherapy, in collaboration with the Sakshamthad Foundation, conducted an awareness session on Arthritis at the Swarg Community Care Center for geriatric patients. The session featured interactive activities, including an introduction to arthritis, exercises for general mobility, and a question-and-answer session. The participants also engaged in a lively march past, which helped improve their respiratory functions. Ergonomic advice and demonstrations of exercises were provided to guide the patients in their daily living activities. The event was a resounding success, with the active participation and enthusiasm of the staffs & students from the Parul Institute of Physiotherapy who attended the session.





## COMMUNITY CAMP - ANKODIAPURA VILLAGE

Parul Institute of Physiotherapy, in collaboration with the Sakshamthad Foundation, organized a comprehensive Community Camp in Ankodiapura village on December 15th, 2023. The event was coordinated by Dr. Varkha Sharma, Assistant Professor at PIPT and the SRC Coordinators, under the guidance of Dr. Bhavana Gadhavi, the Principal of the Parul Institute of Physiotherapy. The Community Camp was a testament to our commitment to bringing quality healthcare services closer to the people we serve," said Dr. Bhavana Gadhavi. "By leveraging the expertise of our students and faculty, we were able to make a tangible difference in the lives of the residents of Ankodiapura village."



## CELEBRAL PALSY AWARENESS PROGRAM AT WAGHODIA POLICE STATION

Parul Institute of Physiotherapy, in collaboration with the Sakshamthad Foundation, organized a Cerebral Palsy Awareness Program at Waghodia Police Station. The event was a testament to our commitment to create the awareness about the disease called, Cerebral Palsy incurred among the young children. Grateful to Waghodia Police Authorities to collaborate for the noble initiative.





## DENGUE & CHIKUNGUNYA AWARENESS CAMP

Parul Institute of Paramedical & Health Sciences (PIPHS) organized a comprehensive Dengue and Chikungunya Awareness Camp in the Raval area, where recent cases of dengue had been reported. The camp was held on October 18th, 2023, with the aim of preventing the further spread of these vector-borne diseases within the community. A total of 14 students from the M.Sc. (MLT) program at PIPHS actively participated in the camp, leveraging their knowledge and expertise to educate the local residents on the symptoms, prevention, and management of dengue and chikungunya. By engaging directly with the residents, our students were able to raise awareness and empower the community to take proactive measures against these diseases."



## PREVENTION AND DETECTION ON FOOD BORNE DISEASE PROGRAM

PIET-DS have organized an Event on "Awareness program on Prevention and Detection on Food borne diseases" in Collaboration with Sadhu Vaswani Vidhya Mandir ,Harni, Vadodara on 23rd August 2023.Total 100 students have participated. The motive was to Empower students to make informed choices about the foods they consume both within and outside of school by providing information regarding proper food handling, storage, and preparation techniques, the risk of cross-contamination and bacterial growth decreases, which help to make the school environment safer.



## TRAFFIC RULES & REGULATIONS AWARENESS PROGRAM

In a proactive effort to promote road safety and responsible driving, the Parul Institute of Business Administration (PIBA), in association with the Sakshamthad Foundation, conducted a comprehensive seminar at Parul University, Vadodara, Gujarat. The seminar featured engaging presentations and interactive sessions led by experts in the field of traffic management and road safety. Participants gained valuable insights into the legal and ethical obligations of drivers, the consequences of traffic violations, and the importance of maintaining a vigilant and defensive driving approach.



## WORLD NO TOBACCO DAY

Sakshamthad Foundation celebrated 'No Tobacco Day', a day dedicated to raising awareness about the harmful effects of tobacco use and advocating for effective policies to reduce tobacco consumption. Tobacco use is a major public health issue and is responsible for a significant number of deaths worldwide. Through our efforts, we aim to encourage individuals to adopt healthy lifestyle habits and reduce the use of tobacco products. Our celebration of 'No Tobacco Day' is a reminder that we all have a responsibility to protect our health and the health of our community. We encourage individuals to take a pledge to quit tobacco and support policies that promote healthy living.



## WORLD ELDER ABUSE AWARENESS DAY

Today on the occasion of 'World Elder Abuse Awareness Day', we announce the successful inauguration of the HUNF - Meals on Wheels project extension in Vyara Village! The inauguration was filled with smiles and strong community spirit. Witnessing the joy on the faces of the villagers as they received delicious meals and care from us was truly heartwarming. We express our gratitude to the dedicated team of student volunteers for their rope-play for creating awareness about respecting our elders.





# SDG 4 - QUALITY EDUCATION

## APNI PATHSHALA

Sakshamthad Foundation has established "Apni Pathshala," a dedicated facility providing essential education to young learners. Our "Apni Pathshala" program plays a pivotal role in teaching and mentoring the enrolled students, ensuring they receive quality education and support. Their hard work and dedication to their education are a source of pride, and we are thrilled to witness them pursue their dreams.

### FACTS & FIGURES

No. of Children Enrolled:

25



## ‘KILLOL & GUNJAN’ – STREET SCHOOLS

Sakshamthad Foundation, in collaboration with Don Bosco Snehalaya, is proud to announce the establishment of Killol & Gunjan Street Schools. These educational centres have been established to provide high-quality education and academic support to children living in slum areas who are deprived from quality education. We believe that education is a fundamental right and a stepping stone towards a brighter future.





## GOVERNMENT SCHEMES FOR GIRLS AND WOMEN PROGRAM

PIET-DS has organized an Event on “Awareness program on government schemes for Girls and Women” in collaboration with Rotary club of Baroda Greens on 8th August 2023. Total 60 Girls and women have participated. We have explained different Government schemes which benefit Girls and women of Kunpad village. The two officers from POST office have also joined us and they have also explained various schemes related to women. We have also motivated girls who left their study to join study and be independent financially by getting benefit of schemes of Gujarat Government.



## SUKANYA SAMRUDDHI YOJANA

The Sakshamthad Foundation took proactive steps to encourage parents to establish dedicated funds for their daughters' future education and marriage expenses. This initiative encompassed the widespread promotion and implementation of the Sukanya Samriddhi Yojana, a government-backed scheme, throughout all villages in the Waghodia district. As a direct result of this concerted effort, a significant milestone was reached, with a total of 251 bank accounts successfully opened for girl children.



## BAL MILAN

Each year, the Sakshamthad Foundation creates a platform for children from rural schools to showcase their talents, particularly in sports and cultural activities. Our 'Bal Milan' initiative is a crucial component of our efforts to promote and empower underprivileged children to become self-sufficient contributors to society. The event encompasses a diverse range of sports and cultural activities, culminating in the awarding of trophies, momentos, and certificates to well-deserving winners.

### FACTS & FIGURES

No. of Schools Involved:

**30**

No. of Children Participated:

**800**



### KALRAV – ANGANWADI PROJECT

Sakshamthad Foundation has proudly launched the KALRAV - Kit Distribution Program at a nearby Anganwadi centre. This initiative had a dual focus: providing essential kits to children in need and empowering teachers with effective strategies for utilizing these kits to enhance education. Alongside the kit distribution, dedicated training sessions were conducted for teachers to optimize the educational resources.



## UDAYAN SHALINIS

The Sakshamthad Foundation is proud to announce its collaboration through a Memorandum of Understanding (MOU) with Udayan Care. This meaningful partnership underscores our commitment to supporting the empowerment and educational aspirations of young girls. We are delighted to report that currently, it's not just a number; it represents the promising futures of the students that have been positively impacted through the Udayan Shalini initiative.

### FACTS & FIGURES

No. of Shalinis Enrolled:

**17**



## DR. J. K. PATEL SCHOLARSHIP SCHEME

In memory of Parul University's founder, Dr. Jayesh Patel, on the occasion of his death anniversary, Every year, Sakshamthad Foundation organizes the J.K. Patel Scholarship program. This initiative is designed to provide assistance to students facing financial hardships who aspire to pursue higher education. By extending support to deserving students, we are committed to upholding Dr. Jayesh Patel's legacy and contributing to the creation of a more inclusive and equitable future generation.

### FACTS & FIGURES

No. of Children Enrolled:

**06**





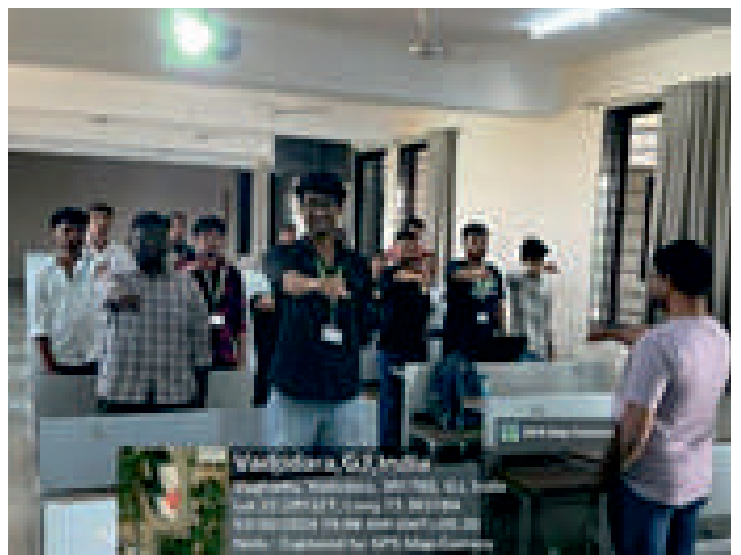
## COMPUTER LITERACY PROGRAM AT MADHELI VILLAGE.

Faculty of IT and Computer Science, Parul University had organized the Computer Literacy Programme at Madheli Prathmik Shala to provide foundational knowledge and skills necessary for individuals to comfortably and effectively use computers for daily tasks. The Computer Literacy Programme empowers impoverished students with vital tech skills for a brighter future. Participants can describe the basic components of a computer system and understand their functions. Participants can navigate through different operating systems and perform essential tasks.



## VOTER AWARENESS PROGRAM

The event "Mera Pehla Vote Desh ke Liye" aimed to instill a sense of civic responsibility and awareness among first-time voters. Held in collaboration with local educational institutions and community organizations, the event brought together young individuals who were eligible to cast their votes for the first time. The outcome of the event was overwhelmingly positive as it increased Awareness through engaging discussions, workshops, and informational sessions, attendees gained a deeper understanding of the electoral process.



## STATIONARY KIT DISTRIBUTION AT JUNA RAAMPURA PRIMARY SCHOOL

Faculty of IT and Computer Science, Parul University had organized the Computer Literacy Programme at Juna Raampura Prathamik Shala to provide foundational knowledge and skills necessary for individuals to comfortably and effectively use computers for daily tasks. The Computer Literacy Programme empowers impoverished students with vital tech skills for a brighter future. Participants can describe the basic components of a computer system and understand their functions. Participants can navigate through different operating systems and perform essential tasks.



# SDG 5 - GENDER EQUALITY

## THELI - WOMEN LIVELIHOOD PROJECT

Empowering women is a remarkable endeavor, and the Women Livelihood Project achieves this by teaching essential bag-making skills. This initiative not only equips women with valuable abilities but also promotes a plastic-free environment. Under THELI - Women Livelihood Project, bags were stitched by rural women, alongside the production of masks during the second wave of COVID-19. As a result, these women have begun earning a livelihood, demonstrating the project's impactful contribution to their empowerment and the community's well-being.

### FACTS & FIGURES

No. of Women Beneficiaries:

**42**

No of Theli Stitched :

**39036**

No of Masks Stitched :

**1,80,000**



## GARIMA - WOMEN LIVELIHOOD CENTRE

GARIMA - Women's Livelihood Centre embodies a transformative and purpose-driven initiative, dedicated to the empowerment and advancement of women artisans specializing in the craft of bag-making and other household products. At the heart of our mission lies the ambition to establish a vibrant and inclusive platform that not only celebrates the exceptional skillsets of these talented artisans but also serves as a catalyst for their socio-economic growth and empowerment.

### FACTS & FIGURES

No. of Women Beneficiaries:

**54**

Total Theli (Bags) Stitched :

**59030**

Total Honorarium paid to Women:

**97151**





## SAHIYAR GRAM HATT

Sakshamthad Foundation conducted an exhibition-cum-sale event known as "Sahiyar Gram Hatt," with the primary objective of supporting and empowering women artisans, women groups, and women-led organizations. Sahiyar Gram Hatt stands as an exceptional platform for women to come together, celebrate their art, culture, and traditions, and showcase their talents to a wider audience. Whether it's handmade clothing and jewelry or delectable food and beverages, these fair offers something for everyone.

### FACTS & FIGURES

Total No of Stalls:

**21**

Total Women Participated:

**210**

Total Revenue Generated  
by Women:

**Rs. 3,06,695**







## SANJEEVANI – CREDIT COOPERATIVE SOCIETY

SANJEEVANI – Credit Cooperative Society program, undertaken by the Sakshamthad Foundation, is geared towards empowering female health and sanitation professionals associated with our institution. It has a dual focus: generating economic opportunities and fostering self-reliance And autonomy among these women. Since its inception, we have observed a notable increase in awareness among women regarding the program, along with a growing enrollment rate. This positive response demonstrates the effectiveness and relevance of our efforts in this regard.

## FACTS & FIGURES

No. of Women Registered:

**680**

Total Collection Received:

**Rs. 3,63,975**



## CELEBRATION OF INTERNATIONAL WOMEN'S DAY AT MADHELI VILLAGE

Sakshamthad Foundation celebrated International Women's Day on 8th March 2024 with a vibrant gathering of around 500 women in Madheli Village, embracing the theme "Invest in Women: Accelerate Progress." The event was organized with the objective of recognizing and empowering rural women, honoring their resilience and dedication in advancing financial independence and social progress. Dr. Geetika Patel graced the occasion, with the Sarpanch of Madheli, Mr. Prakash Vasava, as the guest of honor, both offering inspiring words of encouragement. In recognition of the women's hard work, the foundation awarded honorariums and conducted an HPV vaccination awareness camp. The celebration also included recreational activities such as musical chairs and balloon-popping, with prizes given to winners. Concluding at 2 p.m. with tea and snacks, the event fostered a sense of community and a shared commitment to accelerating women's empowerment and progress.



## WOMEN'S DAY CELEBRATION BY PIDILITE INDUSTRIES CSR ATTENDED BY DR. PARUL PATEL, VICE PRESIDENT, PARUL UNIVERSITY

After witnessing the incredible success of the CSR Convention and Best Practices in CSR Awards orchestrated by Sakshamthad Foundation, the Pidilite Industries CSR team extended a warm invitation to Dr. Parul Patel, Vice President (Student Affairs & General Administration), Parul University, at Mahua, Bhavnagar, Gujarat.

Dr. Parul Patel graced the event with her inspiring presence, sharing wisdom and empowering the rural women attendees. Her words resonated deeply, igniting passion and determination in every heart present.





# SDG 6 - CLEAN WATER AND SANITATION

## EXPERT TALK: "BLUE GOLD RUSH - UNLOCKING THE VALUE OF WATER CONSERVATION"

As we approach World Water Day on March 22nd, there is a pressing need to raise awareness about the importance of water conservation and sustainable water management practices. Organizing an expert talk on "Blue Gold Rush - Unlocking the Value of Water Conservation". The expert talk covered a wide range of topics related to water conservation, including The global water crisis and its implications for environmental sustainability and human well-being. Innovative solutions and technologies for water conservation, such as rainwater harvesting, wastewater recycling, and desalination



# SDG 13 - CLIMATE ACTION

## FARMER AWARENESS PROGRAM AT DHANKUVA, PAVAGADH

On February 24, 2024, a Farmer Awareness Program was organized in Dhankuva Village, Halol district, Dist.- Panchmahal. The program, a collaborative effort with the Sakshamthad Foundation, was designed to address the pressing issue of Soil health for sustaining crop productivity.



## SWACHH BHARAT ABHIYAAN CAMPAIGN

Swachh Bharat Abhiyan" (Clean India Mission) is a nationwide cleanliness campaign initiated by the Government of India to achieve the vision of a clean and open-defecation-free India. The objectives of creating awareness about Swachh Bharat Abhiyan are aimed at promoting cleanliness, hygiene, and sanitation practices. The key objectives were to promote cleanliness and Hygiene, raise awareness about the importance of cleanliness and good hygiene practices to improve overall public health, eliminate Open Defecation, Educate communities about the hazards of open defecation and encourage the use of toilets and proper sanitation facilities.



## ENVIRONMENT AWARENESS AT KUMARSHALA, WAGHODIA

The Environment Awareness Program celebrated the Van Mahotsav 2023 event under Sakshamthad Foundation at Kumar Primary School in Waghodia. The program aimed to create awareness among the community about the importance of preserving and conserving the environment, particularly focusing on the significance of forests and trees. The event was coordinated by Prof. Rina Choksi and Priyanka Mehata from Parul Institute of Engineering and Technology, with the participation of students from Parul University who delivered insightful presentations.



## POSTER MAKING AWARENESS ON WORLD ENVIRONMENT DAY

On the occasion of World Environment Day, Parul Polytechnic Institute in association organized a poster-making activity and to engage students and raise awareness about environmental issues. The primary objective of the activity was to encourage students to express their creativity while promoting environmental awareness. The activity aimed to inspire students to think critically about environmental challenges and solutions, fostering a sense of responsibility towards the planet.





## E-WASTE COLLECTION DRIVE

Parul Institute of Engineering & Technology Diploma Studies, in a commendable effort to promote environmental sustainability, has organized an E-Waste Collection Drive in collaboration with M/S Unicare E-Waste Recycler. The drive, held on June 3rd and 4th, 2024, aimed to responsibly collect and dispose of electronic waste generated within the campus and the surrounding community. By partnering with the reputable e-waste recycler, M/S Unicare, the institute ensured that collected items were recycled in an environmentally-friendly manner.



## BIRD WATCHING AND PLASTIC WASTE COLLECTION DRIVE AT TIMBI LAKE

Parul Institute of Engineering & technology Diploma Studies College, Parul University was conducted “Bird watching and Plastic waste collection drive” on 2nd February 2024 at Timbi Lake in Collobration with Rotary Club of Baroda Greens and SRC.The major objectives were, Plastic pollution presents a three-fold threat to birds, entanglement in fishing gear and other plastic litter is the most visible but affects fewer individuals. Ingestion of plastic waste is more pervasive and can affect large proportions of some species. Birds mistake plastic as food causing them to starve to death as their stomachs fill up with undigestable plastic. As a result, we have collected 60 kg of Plastic waste.



## SWACHH PU ABHIYAN AWARENESS CAMPAIGN

Parul Institute of Physiotherapy, in collaboration with the Sakshamthad Foundation, organized an impactful 'Swachh PU Abhiyan' Awareness Campaign on June 6th, 2023. The campaign focused on the theme of solid waste management, emphasizing the importance of achieving sustainable and holistic waste management practices to reduce the university's environmental footprint and provide a safe and healthy work environment for its teaching and non-teaching employees, as well as students. The session was designed to sensitize the participants on the significance of effective waste management and the role they can play in promoting a cleaner and more sustainable campus.



# SDG 15 - LIFE ON LAND

## UNNAT BHARAT ABHIYAAN

Sakshamthad Foundation actively promotes the Unnat Bharat Abhiyaan, a flagship program initiated by the Ministry of Education, Government of India. We firmly believe that the Unnat Bharat Abhiyaan holds the transformative potential to uplift the lives of countless individuals throughout India, paving the way for a more just and sustainable future. This ambitious endeavour seeks to bridge the gap between rural communities and educational institutions, fostering collaboration for sustainable development.





# SDG 16 - PEACE, JUSTICE AND STRONG INSTITUTIONS

## ONE-DAY TRAINING PROGRAM ON HUMAN RIGHTS, IN COLLABORATION WITH THE NATIONAL HUMAN RIGHTS COMMISSION, NEW DELHI.

A transformative one-day training program focused on Human Rights, brought by Sakshamthad Foundation, in collaboration with the National Human Rights Commission, New Delhi. This program aims to deepen the understanding of human rights issues and empower to become a catalyst for positive change in society. Let's come together to champion human rights and create a more just and equitable world for all.



# SDG 17 - PARTNERSHIPS FOR THE GOALS

## OUR VALUABLE WELL WISHERS

We express our sincere gratitude to our esteemed partners for their invaluable support in championing our initiatives.



# SPECIAL OCCASION

## CELEBRATING RAKSHA BANDHAN AT PARUL UNIVERSITY: A HEARTWARMING CONNECTION

On August 25, 2023, Parul University's vibrant campus became the backdrop for a heartwarming pre-celebration of Raksha Bandhan. This joyous occasion was marked by the beautiful gesture of women educators, led by Assistant Professor Ketki Naik, who tied Rakhi threads to the university's security guards. The event symbolised a profound connection between the protectors and the nurturers, highlighting the timeless values of Raksha Bandhan and fostering a sense of unity within our diverse community.



## THANGANAT – GARBA COMPETITION

Sakshamthad Foundation, in partnership with the National Service Scheme of Parul University, proudly presents the heartwarming performances of Thanganat - a Garba competition organized for the women of Sanjeevani - Parul Mahila Credit Cooperative Society. This event celebrates the dedicated health and sanitation workers of Parul University.





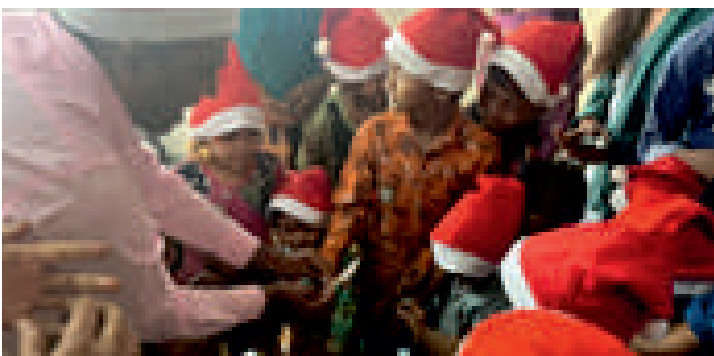
## DIWALI CELEBRATION

Sakshamthad Foundation had the most heartwarming Diwali celebration ever! We spent the day with the amazing elders from our HUNF - Meals on Wheels project, sharing smiles, stories, and of course, loads of sweets! As we handed out those sweets, we were passing around little bundles of joy. The Diwali spirit was alive in the warmth of the love we spread. Our hearts are full, and we're grateful to have been a part of this special celebration with our extended family.



## CHRISTMAS

The Sakshamthad Foundation celebrated the joyous occasion of 'Christmas' with great enthusiasm and fervor. The celebration reflected our commitment to spreading joy and happiness among the community we serve. The event was organized at nearby villages around Waghodia and saw the participation of our staff members, volunteers, and beneficiaries. We distributed sweets among the people and the festive and holistic atmosphere was profound.



## SECRET SANTA

Sakshamthad Foundation initiated a heartwarming Secret Santa campaign aimed at offering warmth to the individuals residing on the streets, within slums, and along footpaths. During this compassionate drive, we secretly distributed cozy woolen blankets at midnight, ensuring that they were protected from the harsh winter cold, all while being anonymous. Witnessing their expressions of gratitude and the positive impact of our efforts was truly heartening.



## MAKARSANKRANTI

The Sakshamthad Foundation celebrated the festival of Makarsankranti with great enthusiasm and joy. We organized a variety of cultural and traditional activities to mark this occasion. Students and staff members participated in kite flying, a traditional activity associated with Makarsankranti. The sky was filled with vibrant kites of various colors and shapes, and the atmosphere was filled with joy and excitement.



## MISSION SMILE, BY RADIO CITY 91.1 FOR THE CHILDREN OF APNI PATHSHALA.

Sakshamthad Foundation is absolutely thrilled to have been a part of the heartwarming Mission Smiles Program – Monsoon Edition. This wonderful event was organized by the incredible team at Radio City. Our involvement in this program has been an enriching experience, allowing us to contribute to a cause that brings joy and support to those in need. Working alongside Radio City has been a privilege, and we are deeply grateful for the opportunity to make a positive impact in our community through this collaborative effort.



## CSR CONVENTION & BEST PRACTICES IN CSR AWARDS

Sakshamthad Foundation and Faculty of Social work - PU in association with Helpage India organised CSR Convention & Best Practices in CSR Awards held on February 17th, 2023, at Parul University, Vadodara. The event was a tremendous success, featuring insightful expert panels and engaging discussions on impactful CSR strategies.





## RADIO INTERVIEW OF RESPECTED GEETIKA PATEL MADAM ON RADIO CITY 91.1 FM:



With great enthusiasm and foresight, Dr. Geetika Madan Patel, Chairperson of Sakshamthad Foundation, Parul University, unveiled the vision for the Sakshamthad Foundation. This initiative emphasizes the university's commitment to creating a positive impact on society through sustainable and inclusive community projects. By fostering social responsibility, the Cell aims to bridge the gap between education and the real-world challenges of underprivileged communities, encouraging active participation and engagement of students, faculty, and the institution as a whole in building a more equitable society.

## RADIO INTERVIEW OF MR. VINOD PARMAR ON RADIO CITY 91.1 FM



Sakshamthad Foundation, Parul University, proudly announced the successful completion of the third session of Bal Milan, following two highly successful chapters. We were thrilled to collaborate with Radio City 91.1 FM, our esteemed media partner for this endeavor. This interview showcased the achievements of Bal Milan, highlighting our collaborative efforts. Special thanks to Respected Dr. Geetika Ma'am for her encouragement to participate in the interview. Her support and motivation were truly appreciated in making this engagement possible. We also extended sincere thanks to RJ Jiya, RJ Tushar, and RJ Haresh for joining us on this enlightening journey to witness actionable change and contribute to fostering socially responsible citizens.



## SUCCESS STORIES


**Parul University**


**NAAC A++**


**SOCIAL SERVICE CELL**

Success Story .

**15th June** mark as a **World Elder Abuse Awareness Day (WEAAD)**  
**SRC** efforts towards Senior Citizens


**HUNF – Meals on Wheels Project**  
 Provide nutritious meals to senior citizens at their doorstep in various villages of Waghodia since last 2 and half years.





No of Beneficiaries served	<b>47</b>
No of Villages covered:	<b>4 (Amhail, Limda, Madhail, Patisyapura)</b>
No of Tiffin Delivered	<b>10,000</b>
No. of health camps organized:	<b>1</b>
No of Beneficiaries benefited from the camps:	<b>123</b>
No. of beneficiaries linking with Govt schemes -	<b>17</b>

Sponsored By





**Parul**  
 University


**NAAC**  
 A++


**SOCIAL**  
 RESPONSIVE CELL

# 3 SUCCESSFUL YEARS OF EMPOWERING WOMEN

## Theli - Women Livelihood Project



SWIPE LEFT


**Parul**  
University


**NAAC** A++


**SOCIAL  
RESPONSE  
CSR**

Organized by

# PU CHARITY AUCTION

[An opportunity for urban people to fight against poverty].

An Auction of **Clothes** Donated by Staffs & Students of **Parul University**

Under

THE **JOY** OF GIVING

14TH May, 2023  
Sunday





ANGANWADI CENTRE,  
VMC ROUSING  
QUARTER,  
KISHANWADI,  
VADODARA






- Clothes distributed at: **Rs.5 & Rs.10**
- Rs. 2500** funds raised through this auction should be used for social cause

Thank you PU staffs and students for your kind generosity

#SuccessStory #1MonthCompleted

# TRUPT – Cafeteria & Provision Store

An initiative implemented by  
Sakshamthad Foundation,  
Social Responsive Cell,  
Parul University


“


TOTAL REVENUE GENERATED:  
 ₹. 98,300

TOTAL BENEFITS OF THE  
 CENTER: ₹L. 11,93,75

”

Supported By









**SAKSHAMTHAD**  
 FOUNDATION

# WONDERFUL WOMEN'S WEDNESDAY



**Ms. Anushaben Patel**, a beneficiary of GARDMA - Women Livelihood Centre in Shaldeo, faced financial challenges with her husband unemployed and two children to support, she utilized her stitching skills at GARDMA - Women Livelihood Centre, acquiring 1000 bags monthly for 2 years, earning Rs. 5000/- some per month with her highest earnings in March stitching 12000 bags and 2000 bags, generating Rs. 30000/- in a single month! This income supported her daughter's education, bought gold earrings, a mobile for her son, and covered medical expenses for her mother in law.

In true spirit, GARDMA - Women Livelihood Centre transformed her family's standard of living and helped fulfill their responsibilities.

**Parul University** **NAAC A++**

**SOCIAL RESPONSIVE CELL**

## JOURNEY FROM SETBACK TO SUCCESS

★★★★★

Bhagyashree Patil expresses her gratitude to Parul University's Social Responsive Cell for providing financial support through the Udayan Shalini Fellowship Program. She also mentions that the initiative was a boon for her as she courageously fought and accomplishes her dreams. Now she stands as a proud graduate with the knowledge and skills to face the world with confidence.

**Bhagyashree Patil**  
(B.Sc Chemistry - Class of 2023)  
Udayan Shalini

# FELICITATION OF CO-ORDINATORS



“Valuing notable dedication and exceptional Commitment”

Sakshamthad Foundation honors Dr. Bhavik Purohit from Jawaharlal Nehru Homoeopathic Medical College for his outstanding performance as Institute Coordinator."



“Highlighting significant contributions and excellence”

Sakshamthad Foundation applauds Dr. Varkha Sharma from Parul Institute of Physiotherapy for her exceptional performance as Institute Coordinator.



“Honoring exceptional performance and perseverance”

Sakshamthad Foundation acknowledges Dr. Dhvani Thakkar from Ahmedabad Homoeopathic Medical College for her exceptional performance as Institute Coordinator.





# AWARDS & RECOGNITIONS



Our unwavering commitment rewarded by Shri. Ranjan Bhatt, MP Vadodara as she expresses heartfelt appreciation to the Sakshamthad Foundation for their remarkable dedication towards bringing about positive change in the community. Shri. Ranjanben Bhatt, sincerely acknowledges the exceptional efforts of the Sakshamthad Foundation in addressing pressing social issues, uplifting marginalized communities, and fostering inclusive development.

A warm and heartfelt congratulations extended to Mr. Vinod Parmar for the remarkable achievement of receiving the Samaj Ratna Award - 2024 at the Gujarat Level from the esteemed Rashtriya Jan Kalyan Society. His unwavering commitment to social welfare has not gone unnoticed, and this well-deserved honor reflects the passion, tireless efforts, and steadfast dedication he has invested in creating a more equitable society. The Rashtriya Jan Kalyan Society, has recognized his significant impact, and also highlighted the importance of collective efforts in building a better community.





## DONATE / CONTRIBUTE

Even from a far, your contribution matters greatly in improving lives within our community and society. Donations to the Sakshamthad Foundation are eligible for income tax exemption under Section 80G of the Income Tax Act of 1961, making your support both impactful and tax-efficient. Join us in making a positive difference today.

**Name of Account:** Sakshamthad Foundation

**Bank:** Central Bank of India (PIT Branch)

**Account NO:** 5501122876

**IFSC Code:** CBIN0284063

## FOR MORE INFORMATION, PLEASE CONTACT

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Office No 2, Parul Institute of Medical Sciences & Research, Parul University,  
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